

# The brain is a filter for consciousness.

## Conclusions and recommendations beyond the Galileo Commission report – ‘Science beyond a materialist worldview’.

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### 1 The Galileo commission’s objective

‘To set out the case for a more open, expanded version of science that integrates consciousness and the phenomenology of first person experiences into its remit, providing a broader epistemological (how we discover) and ontological (what exists) framework, and leading to a deeper understanding of reality.’

### 2 The problem of bias that the report is trying to solve.

Science is still hampered by dogmatic limiting beliefs (such as the materialist paradigm ‘matter is the only reality’, and it’s related reductionist methodology ‘the whole is only the sum of its parts’) which create the following problems:

- a) They force scientists to adopt the ideology of scientism, instead of true science, which is to think freely and creatively.
- b) It is not politically correct (actually taboo) for scientists to question the belief system under which they are employed, on pain of losing their livelihood, so it cannot be discussed or questioned (as in this article).
- c) ‘Matter’ is tacitly defined as visible particles with location, whereas quantum physics has shown that these can change into waves without location (‘nonlocality’) rendering the term ‘matter’ and ‘materialism’ meaningless.
- d) Consciousness is not matter, so used to be dismissed as delusion or illusion, and excluded from scientific enquiry until around 1980, since when it has been grudgingly included as an epiphenomenon of the brain.
- e) This is called ‘the hard problem in science’, as despite 40 years of searching, consciousness has not yet been found in the brain.
- f) This is just one example of the dogma called ‘promissary materialism’, namely that if enough public money is spent, it will be proved true.
- g) The author of the Galileo report, Prof Harald Walach, is unfortunately constrained academically by the bias he laments, as he fails to mention fields, which are the key to understanding consciousness, hence this article.

### 3 The solution proposed in this report.

Scientists are looking in the wrong place for consciousness (the brain) as it is actually everywhere, (even on the moon). Like gravity, it is a nonlocal field effect. The right place to look for it is in the books of the independent scientists mentioned below. This is why this report calls for science to expand its paradigm to holism, and accept the reality of non-material influences (such as consciousness, mind, spirit, life, qualia) and the experience of many ordinary people that the brain is a filter for consciousness, enabling awareness of threats to our survival (hence the title of this article). Changing the paradigm underlying science to holism will enable science to make the great leap forward needed to ensure the survival of mankind.

### 4 Science has become scientism.

Science developed in 17<sup>th</sup> century Europe to counter the claims of religious leaders to be speaking with the authority of God, so scientists claim that their findings are not based on any belief system, and are independent of the observer. In fact, the paradigm of science has become scientism, which is a crypto-religious belief system, and has thereby: ‘lost much vigour, vitality and curiosity’. Dogmatic ideology, fear-based conformity, and institutional inertia are inhibiting scientific creativity’ (Sheldrake 2012). Furthermore, quantum physics shows that there is always some ‘observer effect’ in every observation, so science cannot be truly objective, or claim to be absolute truth.

## **5 Why science is biased by the materialistic, reductionist paradigm.**

In 17<sup>th</sup> century Europe the Church Inquisition threatened you with painful death if you held the wrong religious beliefs, so science developed to counter superstition. It was based on the adage 'seeing is believing', which led to 'matter is the only reality', (the materialist paradigm) and 'the whole is only the sum of the parts' (the reductionist methodology). This belief system created the benefits of the industrial revolution, and technology as we have today, but also to the problems of the consumer society, climate change, desertification, population expansion, species extinction, perhaps including ours. To ensure our survival, we have to expand the paradigm to holism.

## **6 Consciousness is primary and fundamental to our existence (as water is to fish) so we take it for granted.**

Consciousness is the capacity to be aware of environment. Our sense of reality depends on our consciousness, so if we lack it (as when our body is asleep, in a coma, or dead) we have no reality. However, we are so used to it that we forget that we have it, and may even deny its existence, as scientists have been conditioned to do by their working environment. The report quotes Max Plank 1931 on p54 as follows: 'I regard consciousness as fundamental; matter derivative from consciousness. We cannot get behind consciousness. Everything that we talk about, everything that we regard as existing, postulates consciousness.'

## **7 Fields hold the universe together so are the mechanism by which consciousness works**

Fields of waves (such as gravity, light) are invisible, and non-material, so unfortunately have been casualties of materialism, ignored by materialists, yet they are the 'glue' that holds the universe together and makes it work. Gravitational fields hold the stars and planets in orbit, so they are intrinsically 'conscious' of the others by the above definition. Nuclear forces hold atoms and molecules together. Every elemental particle contains a charge (positive, negative, or neutral) and spin (clockwise or anticlockwise) and react accordingly with other particles, so are thereby aware of their environment, so are also intrinsically 'conscious' (JKapp 2016). Max Plank said this in 1931, the above quotation continues: 'there is no matter as such, it exists only by virtue of a force bringing the particle to vibration and holding it together in a minute solar system. We must assume behind this force the existence of a conscious and intelligent mind. The mind is the matrix of all matter.' The word 'matrix' has the same meaning here as 'field', and this statement echoes the hermetic axiom: 'as above, so below'.

## **8 The cosmic mind seems to work like a cosmic internet.**

The particles in living creatures are also subject to gravity, and many other invisible fields, such as electro magnetic (EMFs of the heart, etc) the zero point field, which connects everything in the universe (McTaggart 2001) the Akashic field (Laszlo 2007), morphogenetic fields which create creatures according to their DNA, and morphic fields which control their behaviour (Sheldrake 1996). These fields can be measured as brain waves on EEG machines, and are the thoughts and feeling of our individual minds. However, they also tap into the cosmic mind, which seems to be like a cosmic internet, which all living creatures can surf, and by which they (and us) can communicate by sending and receiving 'a mails'. This could be how telepathy, and other psychic phenomena work. (JKapp 2017)

## **9 What is the true relationship between the brain and consciousness?**

Our bodies constantly receive a huge amount of information from our environment through our senses, and through extra-sensory perception. The most important job of our brain is to filter out possible threats to our survival, and project them onto the screen of conscious mind so that we avoid them (Alexander 2017).

## **10 What is the origin of matter?**

According to the continuous creation theory, matter is being created continuously in outer galactic space, and falls into galaxies and stars, where it disappears after a half-life of about 400 million years. (R.Kapp 1960)

## **11 What is gravity and anti-gravity?**

A gravitational field is a force field which acts on all particles of matter attracting them together. Gravity arises as pulses when particles of matter disappear, mostly in the bodies of stars. When a particle of matter appears there is a corresponding pulse of anti-gravity, which is a force field repelling particles apart and accounting for the expansion of the universe. (RKapp 1960)

## **12 Recommendations to everyone concerned with the advancement of science and medicine, particularly those who fund science posts, research, peer review, and education.**

1 Drop the ideology of scientism, and adopt the practice of true science, which is experiential enquiry with a child-like open mind.

2 Adopt the wider paradigm of holism, which accepts the reality and equal importance of non-material influences caused by invisible fields, (such as consciousness, mind, spirit and qualia).

3 Expand the mode, scope and remit of science to accept the reality of psychic phenomena, including spiritual experiences, meditation, near death experiences, out of body experiences, parapsychology, telepathy, channelling, mediumship, past lives, distant healing, remote viewing.

4 Expand the mode, scope and remit of medicine from the medical model (only the body is real) to the bio psycho social model, which accepts that beliefs in the mind, social relationships and community environment are equally important determinants of health and wellbeing, so should be given equal consideration in the design, commissioning and provision of treatment interventions in the NHS.

5 Join the Scientific and Medical Network, and get involved in our Campaign for Holistic Science and Medicine (CaHSaM) as described in this article.

## **13 How we will know if the scientific paradigm has shifted from materialism to holism.**

1 Scientists will be allowed to be spiritually informed, and draw on their inner, subjective experiences of intuition (as the great scientists of the past did)

2 The prefixes 'meta' and 'para' that proceed the names of disciplines (such as 'meta-physics, 'para-psychology') will be dropped, and those disciplines will be expanded to include and integrate those branches of science as listed in paragraph 12 above, and be properly funded.

3 There will be more emphasis on synthesis, and integration of disciplines.

4 West and East views will be integrated into a world view.

5 Ethics will be based on the golden rule, (do unto others as you would have them do unto you) and include animals.

6 Morality will go beyond political consensus, and be based on transparent open honesty.

7 Healthcare will respect human rights, and be more humane and effective, which will improve mental and physical health.

8 Humanity will survive.

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